

# Cadet Class

# Equipment

GUARD \_\_\_\_\_

JUDGE \_\_\_\_\_



Cadet Class guards are comprised of an initial level of vocabulary and excellence.

*Consider the range and achievement of demonstrated skills.*

## Achievement

### Credit and reward:

The achievement of the individual relative to prescribed skills or curriculum of learning in the development of their techniques in equipment or movement

This is a developmental caption with focus on the accumulation of skills, leading to commencement into a higher level of competition

### Caption Spreads

## Total

Very comparable 1 to 4 tenths	Minor Differences 5 to 9 tenths			Definitive Differences 10 to 19 tenths			Significant Difference 20 & higher					
<b>0 to 40</b>	<b>41</b>	<b>54</b>	<b>67</b>	<b>81</b>	<b>94</b>	<b>107</b>	<b>121</b>	<b>141</b>	<b>161</b>	<b>181</b>	<b>187</b>	<b>194</b>
Seldom Experiences (WEAK) <b>0 to 40</b>	Rarely Discovers (FAIR) <b>41 to 80</b>			Sometimes Knows (GOOD) <b>81 to 120</b>			Frequently Understands (EXCELLENT) <b>121 to 180</b>			Always Applies (SUPERIOR) <b>181 to 200</b>		

**200**

## EQUIPMENT CRITERIA REFERENCE

### CADET CLASS

#### ACHIEVEMENT

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<b>0 to 40</b>	Carry positions, cradle, no demonstration of skills, no use of equipment.
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<b>41 to 80</b>	Carry positions, cradle, occasional two-hand moves, full one-arm rotation, arm extensions (angles).
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<b>81 to 120</b>	Skills in Box 2 plus: Spins, tosses, carving, inward / outward wrist rotation, stable elbow.
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<b>121 to 180</b>	Skills in Boxes 2 and 3 plus: Aerials with revolutions, work in more than one plane, fuller use of space, one-hand moves, longer phrases, variety of spins, greater frequency, variety, depth, ambidexterity, beginning demonstration of style. Expressive qualities are beginning to show.
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<b>181 to 200</b>	Skills in Boxes 2, 3 and 4 plus: Fuller phrases, aerials with revolutions, introduction to sustained and power effort changes. Understanding of style. Simultaneous layered work done on the move.
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